

The background of the entire page is a light pink color with a repeating pattern of hearts in various shades of pink and red. Some hearts are solid, while others are outlined with dashed lines. A large white heart with a dashed red border is centered on the page, containing the main title.

Children's half term **'Valentine'** **activities**

For Clay Cross and surrounding areas



What is the 'Walking into Communities project'?

'Walking into Communities' is a project which aims to help break down social isolation and increase physical activity for people of all ages in the Clay Cross area.

Calling all parents!

'Walking into Communities' project officers, Debbie and Jess, are keen to engage residents in the Clay Cross community by providing 'Valentine' themed activities for children to complete over half term week.

The activities are aimed at children of all ages, however younger children may need a little parental assistance.

There are five activity sheets, each are interactive and can be filled in online or printed off and completed by hand.

- ♥ Valentine's Day word search
- ♥ Write a poem about Clay Cross
- ♥ Write a letter to a loved one
- ♥ Things to do outside
- ♥ Treats to eat

If you don't have access to a computer or printer and would like to receive the activity sheets through the post, please contact us via the following:

- ♥ Telephone Debbie on 07773 201 033
or email deborah.saint@ne-derbyshire.gov.uk
- ♥ Telephone Jess on 07816 158 889
or email jessica.holmes@ne-derbyshire.gov.uk
- ♥ Or message us on the Beat the Street Clay Cross Facebook page
<https://www.facebook.com/ClayCrossBts/>



**North East
Derbyshire**
District Council

Competitions and prizes!

As a thanks for taking part we are running some special competitions and giving out prizes too! We hope your children will enjoy the activity sheets and we would love to see them. Every child that send in an entry will receive a participation certificate and a packet of love hearts. Completed sheets can be sent by:

- ♥ Post to Debbie Saint and Jessica Holmes, Healthy and Active Lifestyles Team, District Council Offices, 2013 Mill Lane, Wingerworth, Chesterfield, S42 6NG.
- ♥ Email to deborah.saint@ne-derbyshire.gov.uk or jessica.holmes@ne-derbyshire.gov.uk
- ♥ Submitted via the Beat the Street Clay Cross Facebook page <https://www.facebook.com/ClayCrossBts/>

Competition deadline

All activity competitions **close on 7th March**, so please make sure you get your entries to us by then. We have lots of lovely prizes including cute teddy bears and chocolate bundles. All winners will be announced on the Beat the Street Facebook page.

Visit our Facebook page!

Follow the Clay Cross Beat the Street Facebook page
<https://www.facebook.com/ClayCrossBts/>

Debbie and Jess will be interacting with residents throughout half term week on the Clay Cross Beat the Street Facebook page.

- ♥ See residents' achievements, ideas and comments relating to the Valentines activities.
- ♥ All competition winners will be announced on the Clay Cross Beat the Street Facebook page.
- ♥ Look out for extra competitions that will be announced on the Beat the Street Clay Cross Facebook page during half term week!



Activity 1: Word Search

Can you find words connected to Valentine's Day in the word search below?

H	U	G	H	R	A	F	T	O	E	H
O	T	A	F	E	C	R	O	H	R	J
U	P	R	T	D	H	I	I	E	T	C
R	I	O	E	N	O	E	P	A	T	O
E	N	S	D	C	C	N	N	O	H	C
G	K	E	D	T	O	D	X	E	E	A
O	R	S	Y	A	L	S	O	N	A	R
D	L	L	I	N	A	T	X	P	R	D
A	F	F	E	C	T	I	O	N	T	E
O	E	F	T	Y	E	C	W	A	S	J
F	E	B	R	U	A	R	Y	Y	A	N

**AFFECTION
HUG
CARD
CHOCOLATE**

**PINK
ROSES
FEBRUARY
HEARTS**

**RED
TEDDY
FRIEND
XOXO**

Activity 2: Write a poem about Clay Cross

***Roses are red,
Violets are blue,
Can you write a poem
and send it to us too?***

Can you write a poem all about Clay Cross? Tell us what you love about your town and local area. Your poem can be as long or as short as you like and it doesn't have to rhyme.

Send your poem by post to Debbie Saint and Jessica Holmes, Healthy and Active Lifestyles Team, District Council Offices, 2013 Mill Lane, Wingerworth, Chesterfield, S42 6NG or by email to [Debbie at deborah.saint@ne-derbyshire.gov.uk](mailto:Debbie@deborah.saint@ne-derbyshire.gov.uk) or Jess at Jessica.holmes@ne-derbyshire.gov.uk

We'll choose our favourite poems and post the winners on North East Derbyshire District Council's website, Facebook, Twitter pages and Beat the Street Facebook page. The winners will receive a teddy bear and all entries will receive a packet of love hearts as a thank you for taking part!

Please write your poem in the space provided on the next page and don't forget to leave your contact details too. *Continued on next page*



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District Council



A decorative border of pink hearts in various shades (light pink, medium pink, and dark pink) surrounds the entire page. The hearts are arranged in a slightly irregular, hand-drawn style, with some having dashed outlines for cutting.

My poem about Clay Cross:

Name:

Age:

Telephone Number:

Using your personal information

The Council will process your personal data for the purposes of administering the competition, e.g. in order to contact you if you have won a prize. For more information on how we use personal information please go to our privacy statement on our website www.ne-derbyshire.gov.uk.

The Council **with your consent** would like to share the competition entries on its social media platforms and keep you informed about the Walking into Communities Projects.

I consent to my/my children(s) entries to be shared on NEDDC managed websites or social media platforms including the Clay Cross Beat the Street Facebook page.

I would like to receive further information about the Walking into Communities project and the contact details provided can be used for this purpose. I understand that this information will be kept securely.

A decorative border of pink hearts of various shades (light pink, medium pink, and dark pink) surrounds the text. Some hearts are solid, while others have a dashed outline.

Activity 3: Write a letter to a loved one

This last year has been especially difficult for so many people, living with the strain of Coronavirus. Could you write a letter as a nice surprise for a relative or friend that may have been feeling lonely and spending a lot of time alone? Perhaps you haven't been able to see them for a long time? Perhaps your relative or friend doesn't have the technology to catch-up online?

Please check with your parents or carer that it is ok for you to send your letter before you begin.

Ideas to include in your letter:

- ♥ How your home schooling has been going or what topics you have been studying at school
- ♥ Did you get out in the snow in January? What did you do in it? Did you make a snow man or ride on a sledge? Perhaps you made snow angels?
- ♥ How you've been keeping fit and active since Christmas? What activities have you done? What sports do you like?
- ♥ Have you read any books? Which were your favourites? What did you like about them?
- ♥ What has been the hardest thing to cope with since Christmas?
- ♥ What has made you happy over the past few weeks?
- ♥ You could talk about any happy memories you have shared with the person you are writing to? (This might be from quite a long time ago).
- ♥ You could ask them how they have been spending their time.

We are sure you have many more wonderful ideas of what to include in your letters and you might even get a reply!

We would love to hear about who you wrote to and why you chose them. Please write your entry in the space provided on the next page and don't forget to leave your contact details too. All entries will go into a prize draw to win a special prize.



Send your entry by post to Debbie Saint and Jessica Holmes, Healthy and Active Lifestyles Team, District Council Offices, 2013 Mill Lane, Wingerworth, Chesterfield, S42 6NG.

Or by email to [Debbie at debbie.saint@ne-derbyshire.gov.uk](mailto:Debbie.at.deborah.saint@ne-derbyshire.gov.uk)
or Jess at Jessica.holmes@ne-derbyshire.gov.uk

I wrote my special letter to:

Why you chose them:

Name:

Age:

Telephone Number:

Using your personal information

The Council will process your personal data for the purposes of administering the competition, e.g. in order to contact you if you have won a prize. For more information on how we use personal information please go to our privacy statement on our website www.ne-derbyshire.gov.uk.

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Activity 4: Things to do outside

Exercising outside can be a little challenging at the moment. Here are few ideas, hints and tips to inspire you to get outside.

Please remember to follow social distancing measures and government guidance www.gov.uk/coronavirus and ensure you have the permission of your parents/carers before you go out to exercise. Younger children of course should be supervised.

Valentines scavenger hunt

Can you find the items listed below when outside exercising?

- ♥ Heart shaped leaf
- ♥ Something red
- ♥ A flower
- ♥ Something pink
- ♥ A tree shaped like a V
- ♥ Something purple
- ♥ A bird
- ♥ A bug
- ♥ Something soft
- ♥ Something beginning with the letter V
- ♥ Send us some pictures via our Beat the Street Facebook page whilst out and about in Clay Cross on your scavenger hunt.

Continued on next page





Kids take charge!

- ♥ You choose the route,
- ♥ Decide which way to turn when you reach a junction.
- ♥ Decide which parts to walk or jog.
- ♥ Perhaps you could lead a game of eye spy. You may notice things in Clay Cross that you had never noticed before!

Take a favourite item with you on your walk

Take something different with you every time you exercise:

- ♥ A bike or scooter.
- ♥ A pram or pushchair to push along the route.
- ♥ A favourite teddy bear or doll and give them a guided tour of your area on the way round!
- ♥ Binoculars or a magnifying glass

Egg carton treasure hunt

This can be done as a rainbow colour activity or as a nature theme. All you need is an old egg carton:

- ♥ Label each hole with colours of the rainbow and find natural items of each colour to fill the holes.
- ♥ Or label each hole with an item you could find. For example, leaves, bark, rocks, feathers, soil or flowers. Ask your parents or carers for more ideas of what to find if you are not sure.

Theme your walk

- ♥ Dress up fancy dress costume – you and your parents/carers!
- ♥ The whole walk could be turned into a role play adventure.
- ♥ Find natural objects on your route. Could you make them part of the plot?
- ♥ You may bring a smile to the face of other Clay Cross residents too!

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Go out in bad weather

- ♥ Dress the younger children in puddle suits and wellies, then find the biggest and best puddles to jump in.
- ♥ Older children may feel revitalised by getting out in the bad weather too.
- ♥ When going out in bad weather please make sure you dress appropriately for the weather and don't stay out for too long.
- ♥ Organise a cosy, winter-warming, treat for when you get back home such as mugs of hot chocolate with marshmallows or cookies and warm milk.
- ♥ Snuggle up afterwards and watch a family film.

Paint a Valentines themed rock

- ♥ Leave the rock somewhere around Clay Cross for others to spot.
- ♥ Take a photo if you spot one and share with us on our Beat the Street Clay Cross Facebook page.

Draw and decorate a love heart

- ♥ Draw a large love heart on a piece of paper.
- ♥ Decorate it with felt tip pens, crayons or paint.
- ♥ Use old scraps of wrapping paper or material to make a collage.
- ♥ Insert images that have made you happy over the last few weeks
- ♥ Cut the heart out and stick it in your front window.
- ♥ Then take a walk out in Clay Cross and count how many others you can spot!
- ♥ Wait a few weeks before going out to spot love hearts to give everybody chance to make theirs!
- ♥ Remember to social distance and follow the latest government guidance when outside.

Activity 5 : Treats to eat

Why not plan a special Valentines themed meal or snack to eat during half term week? Get inspiration from the ideas below then send us pictures of your yummy treats to the Beat the Street Clay Cross Facebook page.

An afternoon tea

You could get dressed up for the meal and pretend you are dining out. Children could take on the role of chef and make the sandwiches or cakes. Or maybe they could be the waiter or waitress and lay out all the yummy treats for the rest of the family.

Sample menu

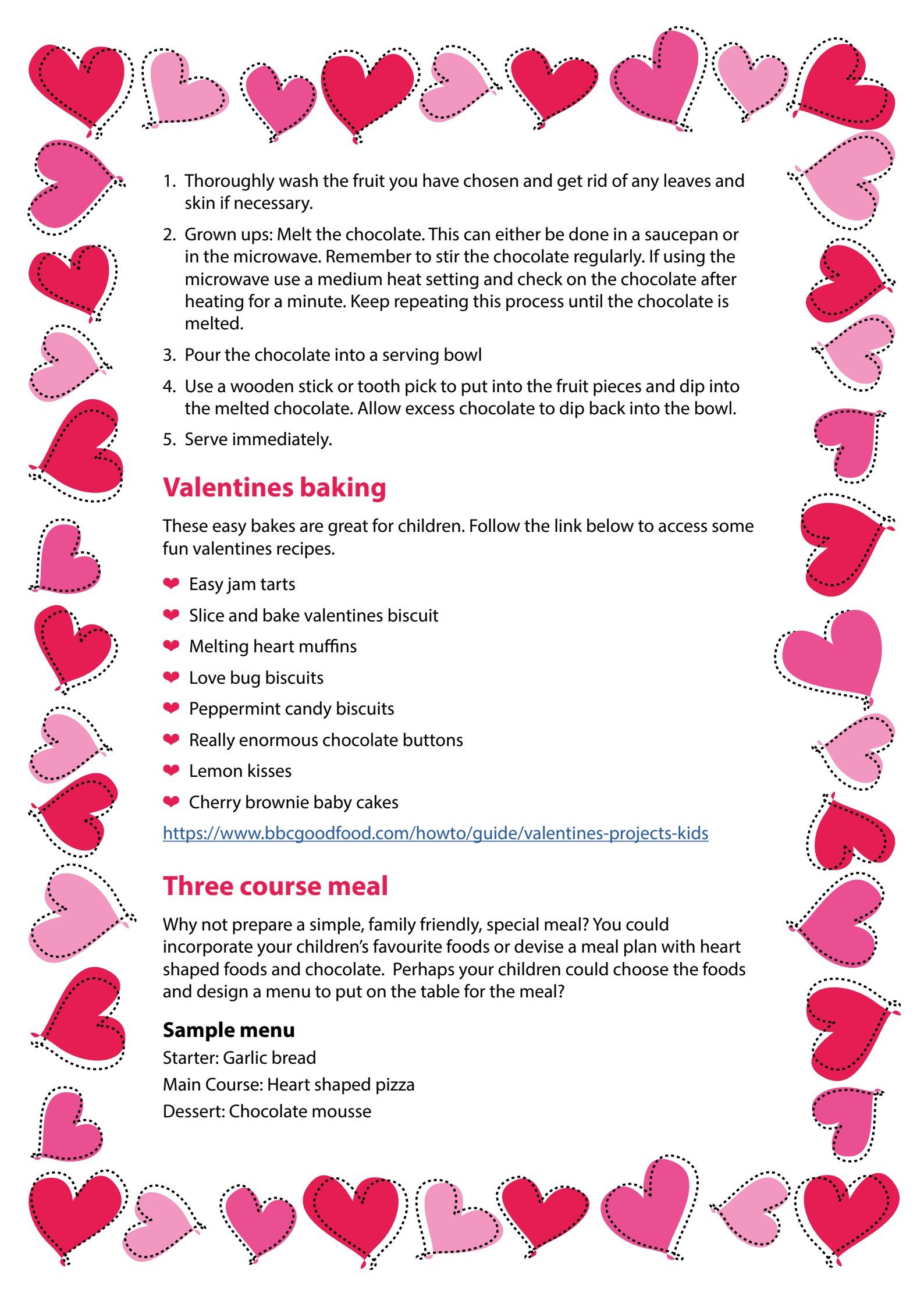
- ♥ Tuna salad, cheese and pickle sandwiches
- ♥ Sausage rolls
- ♥ Flapjack and chocolate brownies
- ♥ Iced buns
- ♥ Scones, clotted cream and jam – (younger children may really enjoy spreading their own jam and cream)

Fruit dipped in chocolate

Dipping fruit in chocolate is a great way of getting kids to get excited about fruit. It is also something they can get involved in making. (Parents supervision is always advised.)

You will need:

- ♥ A selection of fruits such as strawberries, kiwi fruits, melons, apples & bananas
- ♥ A pan or microwave
- ♥ A 250mg bar of chocolate
- ♥ A bowl
- ♥ Wooden sticks or tooth picks

- 
1. Thoroughly wash the fruit you have chosen and get rid of any leaves and skin if necessary.
 2. Grown ups: Melt the chocolate. This can either be done in a saucepan or in the microwave. Remember to stir the chocolate regularly. If using the microwave use a medium heat setting and check on the chocolate after heating for a minute. Keep repeating this process until the chocolate is melted.
 3. Pour the chocolate into a serving bowl
 4. Use a wooden stick or tooth pick to put into the fruit pieces and dip into the melted chocolate. Allow excess chocolate to drip back into the bowl.
 5. Serve immediately.

Valentines baking

These easy bakes are great for children. Follow the link below to access some fun valentines recipes.

- ♥ Easy jam tarts
- ♥ Slice and bake valentines biscuit
- ♥ Melting heart muffins
- ♥ Love bug biscuits
- ♥ Peppermint candy biscuits
- ♥ Really enormous chocolate buttons
- ♥ Lemon kisses
- ♥ Cherry brownie baby cakes

<https://www.bbcgoodfood.com/howto/guide/valentines-projects-kids>

Three course meal

Why not prepare a simple, family friendly, special meal? You could incorporate your children's favourite foods or devise a meal plan with heart shaped foods and chocolate. Perhaps your children could choose the foods and design a menu to put on the table for the meal?

Sample menu

Starter: Garlic bread

Main Course: Heart shaped pizza

Dessert: Chocolate mousse



North East
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We speak your language

Polish

Mówimy Twoim językiem

French

Nous parlons votre langue

Spanish

Hablamos su idioma

Slovak

Rozprávame Vaším jazykom

Chinese

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